授業科目名 Course Name	DLAS308 Counseling Psychology	教員名 Course Instructor(s)	Aya Kasai PhD, MFT, CPP
		Eメールアドレス E-mail address	akasai@miu.ac.jp
授業形態 Class Format	Lecture	授業の方法 Mode of Instruction	Solo
科目コード Course Code	DLAS308	配当年次・開講学期 Allocated Year & Semester	3rd or 4th year, Fall
単位数 No. of Credits	2	卒業要件 Required or Elective to Graduate	Elective
コース Track	Liberal Arts	オフィスアワー Office Hours	Thursday 14:00 - 16:00
実務経験 Practical Work Experience		教員の免許状取得 Teaching License	-
到達目標 Goals	Through this course, students will: ● develop fundamental counseling knowledge and skills such as attending and listening, open questions and probes, reflection of contents (restatement), reflection of feelings, and summarization. ● have a basic understanding of competency areas in counseling ethics such as privacy and confidentiality, boundary of competence, and making referral. ● apply these basic knowledge of counseling and ethics to several case -vignettes. ● engage with meaningful experiential growth in peer to peer discussion and self-reflection and cultivate one's sense of resilience, positive leadership, empathy and compassion towards self and others.		
授業の概要 Course Overview	This course provides an introductory overview of the main theories of counseling and introduces basic techniques and skills used in counseling. This course is designed for students to explore what it means to be with another person's experiences and to be of help. After learning ethics and basic skills of active listening and self-reflective practices, students will be supported to conduct experiential learning activities.		
ディプロマ・ポリシーとの関係 Diploma Policy Objectives	DP1 Advanced cognitive skills (comparison, analysis, synthesis, and evaluation) based on critical thinking (critical and analytic thought) DP2 Basic and applied knowledge and the ability to apply it through education in the International Liberal Arts, Global Business Management, Hospitality and Tourism Management, and English Education Tracks.		
アクティブ・ラーニング Active Learning	4-(1) Interactive Lecture 2-(3) Presentation 4-(9) Group Work on Questions 3-(4) Close reading		
履修条件・注意事項 Prerequisites / Remarks	None		
授業計画 Course Schedule	Session 1 Introduction of the course, Active Listening [Homework] Reading/writing/other activity Session 2 Emotions and Empathy [Homework] Reading/writing/other activity Session 3 Advice vs. Non-advice [Homework] Reading/writing/other activity		

	Session 4　Advice vs. Non-advice [Homework] Reading/writing/other activity Session 5　Empowerment [Homework] Reading/writing/other activity Session 6　Suicide prevention [Homework] Reading/writing/other activity Session 7　Crime and recovery [Homework] Reading/writing/other activity Session 8　Recovery from addiction [Homework] Reading/writing/other activity Session 9　Therapeutic use of music / case study [Homework] Reading/writing/other activity Session 10　3 stage model (Chair exercise) [Homework] Reading/writing/other activity Session 11　Interview research Introduction [Homework] Reading/writing/other activity Session 12　Interview research using reflective listening skills [Homework] Reading/writing/other activity Session 13　Ethics, Cultural competence [Homework] Reading/writing/other activity Session 14　Interview research presentation [Homework] Reading/writing/other activity Session 15　Integration Final Exam [Homework] Reading/writing/other activity
学生に対する評価 Assessment Criteria	Grading Method and Criteria: Reading, writing, class activities and other assignments: 50%, Final exam: 50% The final grade will be determined as below. A: 90-100 points, B: 80-89 points, C: 70-79 points, D: 60-69 points, F: Less than 60 points Plagiarism: Plagiarism is not acceptable at MIU. Students must submit their own work and not copy from other sources, unless they credit their sources with appropriate referencing. Students caught copying information from other sources and pretending that it is their own work will automatically result in a grade of 'F' or withdrawal from the course. Feedback: Feedback will be provided through methods such as the following: • Returning assignments with written comments and corrections. • Explaining orally in class or before/after class (including office hours).
時間外の学習について Preparation and Revision outside Class	Students are expected to spend at least one hour reviewing and one hour preparing for every hour of lesson time. Before each class, read the materials for the next class, and note any unfamiliar terms or questions. After each class, reread the class materials and your notes to organize what you have learned, and work on any assigned tasks to deepen your understanding.
テキスト Textbooks	Handouts will be provided.
参考書・参考資料等 References	None

備考 Remarks	STUDENT RESPONSIBILITIES: • Assignments completion: It is your responsibility to complete and hand in all assigned work as required to pass this course. LEARNING ENVIRONMENT: • I will make efforts to address the different learning styles of students in the class. There will be a combination of whole-class activities, individually based activities, small group work, and lecture. • Students and instructors will work together to create safe learning environment for everyone. Harassment or bullying will not be tolerated. REASONABLE ACCOMMODATIONS: • It is our goal that all students have an effective learning environment. Please let me know all necessary accommodations needed to make the class fully accessible. The instructor reserves the right to make changes to this syllabus at any time.